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Time for ballparks to add more netting 9

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JOSE M. OSCAR/CHICAGO TRIBUNE FILE

Tuesday
AUGUST 25, 2015

★ FREE ★

A Chicago Tribune publication

SURF'S WAY UP

WHAT DO LAKE MICHIGAN'S RISING WAVES MEAN FOR CITY'S SHORELINE, BEACHES? 6-7





DRINK

SECOND ANNIVERSARY PARTY

CH Distillery
564 W. Randolph St.
312-707-8780
Try the West Loop distillery's original signature cocktail, **The Oxycontin** (\$11), and caviar with a shot of vodka (\$23-\$38) at this bash, which also features games and music from DJ Bart Lazar. 5-11 p.m. No cover.

EAT

PAELLA & PORRON

The Winchester 1001 N. Winchester Ave. 773-698-8703

The West Town restaurant serves the rice dish paired with two glasses of sparkling Spanish wine served from a porron, a traditional watering can-shaped decanter. 8-11 p.m. \$25. Tickets: winchesterchicago.com



HAPPY HOUR OF THE DAY

Carriage House (1700 W. Division St., 773-384-9700) offers \$5 glasses of rosé and half-price snacks from 3-6 p.m.

3-DAY FORECAST



TUESDAY

72° 58°
Lil' cloudy



WEDNESDAY

70° 62°
And kinda cool



THURSDAY

71° 61°
So sunny!

WIDOWSPEAK

The J. Parker

1816 N. Clark St. 312-254-4747

The indie-rock duo performs in the Hotel Lincoln's rooftop bar to promote the September release of their album "All Yours." 6 p.m.

'DON CHIPOTLE'

Storefront Theater

66 E. Randolph St. 312-742-8497

See the world premiere of Juan Francisco Villa's coming-of-age story based on "Don Quixote" that combines puppetry, animation and music. 7:30 p.m. \$10-\$15.

Tickets: theadventuresofdonchipotle.com

ROOFTOP YOGA

Upton's Breakroom

2054 W. Grand Ave. 312-666-7838

All skill levels are welcome for a class benefiting One Tall at a Time. Participants are welcome to order food from the vegan restaurant for a post-lesson dinner. 6:30-9:30 p.m. \$15.

Tickets: eventbrite.com

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THE COATHANGERS • PRAYERS • SPEEDY ORTIZ • WHITE MYSTERY • MAIN ATTRAKIONZ • GROUND UP • SKINNY LISTER
DIRTY FENCES • ALEX WILEY • HEEMS • PSALM ONE • DREAMERS • FAULKNER • HELLZAPPOPPI CIRCUS SIDESHOW REVUE

SATURDAY, SEPTEMBER 12

SYSTEM OF A DOWN • IGGY POP • RANCID PERFORMING ...AND OUT COME THE WOLVES • BILLY IDOL • TAKING BACK SUNDAY
RODRIGO Y GABRIELA • DRIVE LIKE JEHU • MERLE HAGGARD • ALEXISONFIRE • THE ACADEMY IS... PERFORMING ALMOST HERE
THE LAWRENCE ARMS • ECHO & THE BUNNYMEN • BOOTS COLLINS' RUBBER BAND • THE DAMNED • PENNYWISE
THE DEVIL WEARS PRADA • MAYDAY PARADE • BABES IN TOYLAND • DESAPARECIDOS • THE JOY FORMIDABLE
THE DEAD MILKMEN • FIDLAR • MILLENCOLIN • AMERICAN NIGHTMARE • SWERVEDRIVER • GWAR • LIFETIME • JOYCE MANOR
CIV • THE MOVIELIFE • STEVE IGNORANT AND PARANOID VISIONS • THE DEAR HUNTER • THE ATARIS PERFORMING BLUE SKIES,
MODERN LIFE IS WAR PERFORMING WITNESS • FIT FOR RIVALS • FLATFOOT 56 • TEENAGE BOTTLEROCKET • CHON • COUNTERPUNCH
DIRECT HIT! • SLEEP ON IT • THE BROKEDOWNS • MEAT WAVE • ELWAY • INDIAN HANDCRAFTS • PEARS
GATEWAY DRUGS • CLOWNS • DIE SELLOUTZ • THE ROCK-A-FIRE EXPLOSION • HELLZAPPOPPI CIRCUS SIDESHOW REVUE

SUNDAY, SEPTEMBER 13

MODEST MOUSE • THE PRODIGY • SNOOP DOGG PERFORMING DOGGYSTYLE • DAMIAN "JR. GONG" MARLEY • TENACIOUS D
L7 • STEPHEN "RAGGA" MARLEY • KONGOS • CYPRESS HILL • YELAWOLF • THE AIRBORNE TOXIC EVENT
MANCHESTER ORCHESTRA • DE LA SOUL • ANDREW MCMAHON IN THE WILDERNESS • NEW POLITICS • JIMMY CLIFF
ANDREW W.K. • LESS THAN JAKE • THE THURSTON MOORE BAND • MORGAN HERITAGE • DOOMTREE • HUM • TARRUS RILEY
THE DWARVES PERFORMING BLOOD GUTS & PUSSY • TOMMY STINSON • KEVIN DEVINE • JO MERSA • ALVVAYS • THE WHITE BUFFALO • BLACK-AM-I
SKIP MARLEY • KNUCKLE PUCK • JAZZ CARTIER • HAVE MERCY • SUPERHEAVEN • FOXING • BEACH SLANG • CAYETANA • BLIS
NORTHERN FACES • SOUVENIRS • SKATING POLLY • SIGNALS MIDWEST • MODERN CHEMISTRY • TASHA THE AMAZON • FOXTrott
TWIN RIVER • INDIAN SCHOOL • THE MUNICIPAL DRAINAGE PROJECT • HELLZAPPOPPI CIRCUS SIDESHOW REVUE



Cookies made with natural colors (right) and ones made with artificial colors at Panera Bread. AP

Taking on new hues

Your favorite foods may change colors as more makers drop artificial dyes

Associated Press

Mozzarella cheese at Panera restaurants won't be as glaringly white. Banana peppers in Subway sandwiches won't be the same exact shade of yellow. Trix cereal will have two fewer colors.

Food makers are purging their products of artificial dyes as people increasingly eschew anything in their food they don't feel is natural. But replicating the vivid colors Americans expect with ingredients like beets and carrots isn't always easy.

In fact, General Mills couldn't find good alternatives for the blue and green pieces in Trix, so the company is getting rid of those colors when the cereal is reformulated later this year. The red pieces—which will be colored with radishes and strawberries—will also look different.

"We haven't been able to get that same vibrant color," said Kate Gallager, General Mills' cereal developer.

Fake colors

There are seven synthetic colors approved for broad use in foods, but these dyes can be mixed to create a wide range of colors. The colors are made by synthesizing raw materials from petroleum, according to the FDA. Lisa Lefferts at the Center for Science in the Public Interest also says artificial colors can be used in deceptive ways. "They mask the absence of ingredients," she said. Tropicana's Twister in Cherry Berry Blast flavor, for instance, lists apple and grape juice concentrates, but no cherries or berries. A synthetic color gives it the appearance of having the latter fruits. Of course, natural colors also are used to make foods more appealing and send visual signals about the ingredients they contain. Subway says it will stop using a synthetic dye for its banana peppers but will maintain their bright yellow look with turmeric.

The shift away from artificial dyes represents the latest chapter for food coloring in the U.S., which has had a rocky history. As recently as 1950, the Food and Drug Administration said children became sick after eating

an orange Halloween candy that contained a dye. The agency eventually whittled down its list of approved color additives after finding several had caused "serious adverse effects."

Now, more companies say they are replacing artificial dyes with colors made from fruits, vegetables and spices, which are widely considered "natural," although the FDA doesn't classify them that way. But these present more challenges than artificial dyes.

In addition to costing more, colors from fruits and vegetables can be sensitive to heat and acidity. And because they're used in higher doses to achieve boldness, tweaks to other parts of recipes may be needed. Such adjustments can be tricky for companies that manufacture on massive scales.

Not everyone thinks getting rid of artificial colors hinges on finding exact matches with natural alternatives. Panera is betting people won't mind that its mozzarella cheese might have a yellowish hue after the removal of titanium dioxide. For cookies with candy-coated chocolates, the natural colors it is testing are also duller.

Trix cereal

In June, General Mills committed to removing artificial flavors and colors from artificial sources from the rest of its cereals (60 percent were already artificial-flavor and -color free, according to the company). The company could not find good alternatives for the blue and green pieces in Trix, so it will be getting rid of those colors. GENERAL MILLS VIA AP



NOW



FUTURE

Over time, people will get used to the more muted hues of foods with natural ingredients, said Tom Gumpel, Panera's head baker.

"You have to remove some of your expectations," he said.

DO YOU SNORE? ARE YOU OFTEN TIRED?



If you have sleep apnea, you may qualify to participate in a clinical research study investigating a new drug treatment for sleep apnea.

Obstructive sleep apnea is associated with increased risk for cardiovascular disease, diabetes, daytime sleepiness and motor vehicle accidents. Treatment of sleep apnea is currently limited to surgery or medical device. A clinical trial is underway at the University of Illinois at Chicago evaluating an investigational drug therapy for the treatment of sleep apnea.

If you are between the ages of 21 and 64, and have obstructive sleep apnea, you may be eligible to participate in this study. Eligible study participants may receive study-related medical examinations and medication at no cost. Study participants will also be compensated for their time and travel.

To learn more about this research study or to find out if you qualify for screening, please call 1-312-996-2428.

the chatter JOIN THE CONVERSATION

A generation of narcissists?



**Hector Luis
Alamo**

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A long time ago, around 1999, we used to spend hours talking on the phone. Then, when cellphone packages began including unlimited text messages, we stopped talking and started texting. Calling someone usually got you their voicemail, and a text from them

10 seconds later.

Eventually we stopped texting altogether. With everyone screening their calls and texts, it became almost impossible to get ahold of someone. You could expect a response anywhere within a few hours to a few days.

So when I saw my other half, a maniacal texter, talking to her iPhone the other day, I was happy to see someone actually using their phone to communicate. Then I realized she wasn't on a call — silly me — she was sending an audio message. The person texted back, and she read it and sent another audio message.

When I asked why she didn't just call the person, she hit me with a gem: "I just want them to hear me. I don't have time for their response." That was a pretty little lie, since she was watching "Pretty Little Liars" and apparently had enough time to waste some.

Writers and experts have berated what Time magazine called "The Me Me Me Generation."

Psychology professor Jean Twenge has written two books on the subject and is considered the main proponent of the Millennial narcissism theory. In a 2010 study on generational empathy, researcher Sara Konrath described the generation born roughly after "Thriller" as "one of the most self-centered, narcissistic, competitive, confident and individualistic in recent history," according to Psychology Today.

There are as many theories for the cause of Millennial selfishness as there are articles blasting it. One of the most popular is that Millennials were raised to believe each is special. Some people, like Konrath, blame reality-show celebrity culture and increasing violence in movies and video games. Sociology professor Claude Fischer argues that the self-awareness Millennials display is being mistaken for self-centeredness, and that Millennials are simply members of an increasingly democratic society. Twenge thinks social media encourages both vanity and detachment.

The causes behind Millennial me-ism are probably all of the above.

I'm a writer, which means I might be the most self-centered person you're likely to meet (unless you've met Trump). Yet I like to think I'm more self-conscious than anything. I think mostly of myself, but I care mostly about others. I focus on being the most I can be in the hope that I'll be of some use to other people.

I guess what I'm trying to tell you, my fellow Millennials, is that you should stop being so narcissistic and start being more like me.



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The Chicago Housing Authority (CHA) is updating its list of former CHA leaseholders who lived in CHA public housing on October 1, 1999 (10/1/99) and are covered by the Relocation Rights Contract (RRC). Under the RRC, persons who were leaseholders in CHA public housing as of October 1, 1999, retain the right of return to replacement housing in accordance with the requirements set forth in the RRC. For further information:

STEP 1: Go to www.thecha.org, click Resident Services, and then click Right of Return for Former CHA Residents.

STEP 2: Complete the brief questionnaire if your name appears.

STEP 3: CHA will contact you to schedule an appointment to begin the determination process.

If you believe you have a right of return and your name did not appear on the website, contact CHA via email at rrcpublicnotice@thecha.org. If you do not have access to a computer, and or are unable to use the computer to respond to this notice, you can call CHA at (312) 786-3104, or mail the completed Inquiry Form to: RRC Public Notice, Resident Services, Chicago Housing Authority, 60 E. Van Buren, 10th Fl., Chicago, IL 60605.

Inquiry Form

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First Name: _____ MI: _____ Last Name: _____

Address: _____ City: _____ State: _____ Zip: _____

Email Address: _____

Phone No.: _____ Date of Birth: _____

Interest in: CHA Mixed Income or Rehabbed Public Housing

Housing Choice Voucher

Signature X _____

Any former 10/1/99 CHA leaseholder who has an interest in exercising their right of return must contact CHA via the website within 90 days from the date of publication of this notice. If you do not act within the 90 day time limit, you will lose your right of return. Thereafter, you must contact CHA directly to request reinstatement of your right of return.

Notice of Persons Appearing to Be Covered by the Relocation Rights Contract

Large waves hit the Lake Michigan shoreline near North Avenue beach.
JOSE M. OSORIO/Y
TRIBUNE FILE

RECORD LOW, RECORD RISE
Lake Michigan's average monthly water level was more than a foot above its historical average in July, according to the National Oceanic and Atmospheric Administration. A 3-foot gain from 2013 to 2014—the second-highest two-year rise in water levels on record—followed an all-time low in January 2013.



By Tony Briscoe | CHICAGO TRIBUNE

Beach erosion has long been a worry for Lake Michigan's coastal residents. But the thinning veneer of sand on the floor of the lake may be a more troublesome problem.

The amount of sand that flows south of Waukegan and protects the Illinois shoreline from pounding waves has dropped by an estimated 83 percent since the early 1800s, putting the coast at risk for more and more erosion, experts say. Some sand was displaced by the construction of piers and harbors over nearly two centuries. When it was considered

a nuisance, some of it was dumped in deep waters and lost for good.

Without that thick layer of sand to serve as a cushion, the primarily clay lake bed in shallow waters has been slowly eroding as it takes more of the brunt of incoming waves. As this irreversible process deepens the lake bed each year inch by inch, it also creates conditions

for taller, more violent waves, which in turn accelerate shoreline erosion.

From the balcony of her 20th-floor condo in Edgewater, Sheli Lulkin has seen Thorndale Avenue and Kathy Osterman (aka Hollywood) beaches slowly shrink year after year. Lulkin, president of the Association of Sheridan Condo/Co-op Owners for the past 30 years, blames structures like Northwestern University's lakefill for starving the beach historically. Lately, though, she points to the rising waters swallowing up much of the shore.

"You could walk from Hollywood Beach to Thorndale Beach [before last summer], " she said.

SURVIVING A RIPTIDE

When you're caught in a rip current, a swimmer's best bet is to flip, float and follow—that is, flip over on your back, float and follow the current. Don't panic. The current may be carrying you away from the shore, but don't fight it. You need to conserve your energy to be able to swim back to shore.

SOURCE: JOHN KOCHER; BOB PRATT OF THE GREAT LAKES SURF RESCUE PROJECT; DAILY SOUTHTOWN

"That's no longer true. Now that's underwater. If you want to walk to Thorndale like people do, your feet will be wet up to your ankles."

The loftier waves not only pose a threat to public beaches and some of the most expensive property in Illinois, they also can be the driving force behind dangerous surf conditions such as rip currents. The lakefront could face an increased risk in the fall—the time of year when the area generally sees stronger storms—because lake levels are high; Lake Michigan's water level recently surged to its highest mark since 1998.

"If we have another Halloween storm like last fall, we'll have more erosion," said David Bucaro, of the Army Corps of Engineers' Chicago district.

The Oct. 31 storm churned up waves as high as 21.7 feet, tied for the second tallest recorded at a buoy in southern Lake Michigan. In a matter of hours, the stormy surf tore away long stretches of pavement along the lakefront trail in Chicago and devastated local beaches.

Bob Bechstein, president of the Evanston Windsurfing Association, said he and his members have taken notice of the bigger waves.

"People don't think of Lake Michigan as a place to surf, but it's actually a really good place for it," said Bechstein, who's been windsurfing on the lake since 1981. "I would say waves this year are some of the highest waves I've seen in a long time because levels have been so low the last 10 years or so. We got some big northeastern winds in March and April, and the waves were pretty epic."

While shoreline and lake bed erosion are natural processes, they began to accelerate in the early 1800s, when piers and jetties were built on Lake Michigan, interrupting the natural flow of sand along the lake bed and causing dunes to form on the north side of the structures, according to Charles Shabica, a civil engineer and retired Northeastern Illinois University professor. Accidental beaches formed in areas such as present-day Streeterville, the Chicago neighborhood named after the ship captain who squatted on the land.

As sand continued to pile up near these structures, it became an annoyance, to the point that sand was hauled to deep waters and permanently disposed of by agencies including the Army Corps of Engineers. Researchers estimate that from 1889 to 1982, about 2.5 million cubic yards of sand were removed—an amount that would fill more than 12,950 rail cars spanning the distance from downtown Chicago to Champaign.

South of the structures, beaches continued to erode naturally, although they were getting much less sand.

Shabica forecasts that waves will carve another 3 feet out of the lake bed over the next 20 years at a site where he plans to build a beach in Glencoe. Hydrologists from NOAA say waves generally break when their height reaches 80 percent of their depth, meaning that, if Shabica's prediction is correct, and the



Daphne Hernandez takes plunge into waves at 31st Street Beach.
ZBIGNIEW BZDAK/TRIBUNE FILE

water level remains around its current level, a wave breaking at 10 feet today would be nearly 3 feet higher in 2035.

In Chicago, the city has traditionally responded to erosion issues by "armoring" its lakefront. As revetments erected in the early 1900s (made of wooden cribs filled with stones) began to rot and crumble, the Army Corps of Engineers began to replace them with steel sheet pilings. But the waves eventually take their toll on these walls too.

Shabica said that history holds the key to one viable but unlikely option. Chicago architect and planner Daniel Burnham, who transformed Chicago's mostly industrial lakefront into public parks, also envisioned a series of man-made islands built offshore that would act as nature preserves.

"They generally would've been made into sanctuaries for wildlife, but they also would've provided protection from waves," Shabica said. "He was way ahead of his time."

Instead, there is a trend toward building "pocket beaches," which are protected with rock or steel piles on their fringes and, generally, a line of large headstones underwater that break waves farther from shore, Shabica said. The result is beaches with minimal sand loss that model themselves after natural bays.

"One thing about our business is that we are constantly learning from Mother Nature. We're learning to work with nature, not fight against it."



Fullerton Avenue beach construction
CHRIS SWEDA/TRIBUNE

WHAT'S UP WITH THE CONSTRUCTION?

Along Chicago's lakefront at Fullerton Avenue Beach, cranes are filling in Lake Michigan with dredged material and gravel, which will eventually add up to 5.8 acres of new Chicago Park District land. The \$31.5 million project, expected to be completed in December and funded by the Army Corps of Engineers, the city and the Park District, will stabilize an aging shoreline near the Theater on the Lake while protecting the lakefront path from the type of waves that shut it down temporarily during the Halloween storm. The final two projects of the \$301 million lakefront overhaul that started in 1996 are near Morgan Shoal and at Promontory Point. Both will be constructed by the city of Chicago. CHICAGO TRIBUNE



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sports



A fan is taken away on a stretcher after being hit by a foul ball during Sunday's Cubs game at Wrigley Field.
BRIAN NGUYEN/Tribune

PUT 'EM UP

NO REASON NOT TO HAVE MORE PROTECTIVE NETTING AT BALLPARKS



Matt Lindner

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✉ @mattlindner

For all the talk about new corporate logos and video boards going up around Wrigley Field, the team would be much wiser to install something else to enhance the fan experience.

Netting to protect the fans who support them season in and season out.

The latest example of why those nets are needed came during the Cubs' 9-3 win Sunday, when a line drive off the bat of Kyle Schwarber rocketed into the stands on the first-base side, sending a woman to the hospital. It's not the first time a fan has been

injured by a batted ball or broken bat flying into the stands, nor is it likely to be the last.

But that begs the question: Why are teams putting fans at risk in the first place?

The common argument against installing netting is that it's going to obstruct the view of fans who pay more than \$100 per ticket face value to sit as close to the action as possible. Cubs manager Joe Maddon himself told reporters after Sunday's game that fans should simply "pay attention" to the action on the field rather than fiddling with their phones or talking to people around them while the game is going on.

That's not a realistic proposition, though, our obsessions with our phones and socializing aside.

Let's say a major league pitcher stood 60 feet, 6 inches in front of you and threw a baseball at you traveling 83 mph. That's the average speed of a ball coming off the bat of a major league hitter, according to a study commissioned by MLB.



A Cubs fan holding his infant son makes a barehanded catch of a foul ball at Wrigley Field in June. [ar](#)

Even if you were ready, anticipating the throw and in the proper athletic position, would you be able to catch it with your bare hands? More important, would you want to?

Now imagine you're facing the same proposition while sitting at an angle, surrounded by distractions. The crowd around you, the bright sun making it difficult to track a flying projectile that, frankly, you're not expecting to come screaming at your head.

Would you be able to react?

2 Cubs to DL

The Cubs announced Monday that outfielder Jorge Soler and pitcher Jason Motte are headed to the 15-day disabled list. Soler has a left oblique strain, and Motte strained his right (pitching) shoulder.

This isn't a problem limited to Wrigley Field, obviously. All things being equal, this is a decision teams should take out of fans' hands, and quickly, before another fan gets hurt by a screaming line drive. Putting up nets to protect paying customers isn't going to do any more to ruin the experience of going to a ballgame than the video boards at Wrigley have this season.

Ask the fans sitting in the box seats behind home plate if their overall experience is ruined by having to sit behind netting and you're likely to get laughed at. Fans are always going to pay top dollar to sit as close to the action.

Change, naturally, takes getting used to, but if protective netting can prevent even one more fan from having to go to the hospital, it's a change that's both worthwhile and long overdue.

MATT LINDNER IS A REDEYE SPECIAL CONTRIBUTOR.

CALION

The Cubs definitely should pack their home-run swings for California. As for what comes back with them ...



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1	What should the Cubs bring back with them from their six-game California road trip?	Mad In-N-Out double cheeses, animal style. Anything else would be uncivilized.	Sunshine and nine months' worth of warm weather.	Medical marijuana. Duh.	Nic Cage. He probably lives there.	Sunshine. And keep it boxed up until December, when we're all suffering.
2	Explain the Cubs' recent home-run surge.	The Bears passed on the electricity from their inspiring preseason wins to the Cubbie bats.	Rizzo. Bryant. Coghlan. Fowler. Schwarber. They be swinging for the bleachers every game.	A-Rod's been moonlighting as the Cubs batting coach.	Joe Madden has harnessed the power of the wind.	They remembered they're a baseball team and not a goon squad!
3	If the White Sox can bring back their collared-shirt uniforms from the 1970s, what can the Cubs do?	Point and laugh as they keep winning ballgames.	Bring back a World Series championship?	I'd have them bring back the nasty \$4 Old Style. Give all the fans some "runs" of their own.	Bring back that tank-topped girl I sat by on May 4, 2005. I love you.	Win the World Series? Haha ... what?
4	Drone racing as a sport. Good idea?	If they have my last two Amazon orders attached to them, they can do whatever they want.	There is nothing sporty about working a remote control. Absolutely. Nothing.	Only if the fans are as clean-cut and upstanding as car racing fans.	Only if they're racing to deliver my Amazon package, am I right?	Sure! Sounds like fun to me, and probably more humane than animal racing.
5	Why was there a giant red ball rolling through the streets of Toledo, Ohio?	Hollywood reboots everything. Y'all thought "Attack of the Killer Tomatoes" would be an exception?	So THAT'S where RedEye's head was this weekend ...	It was trying to crush the residents to put them out of the misery of living in Toledo, Ohio.	Shaq was playing kickball.	Boredom struck. Have you ever been to Toledo? Not a lot going on there.

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- Mission: Impossible Rogue Nation (PG-13) (Closed caption) 1:15, 4:15, 7:15, 10:15
- Trainwreck (R) (Closed caption) 1:30, 4:30, 7:20, 10:10
- The Man From U.N.C.L.E. (PG-13) (Closed caption) 2:00, 4:50, 7:30, 10:15
- Ricki and the Flash (PG-13) (Closed caption) 1:50, 4:30
- No Escape (R) (Closed caption) 7:00, 9:30
- Hitman: Agent 47 (R) (Closed caption) 3:00, 5:20, 7:50, 10:15
- Straight Outta Compton (R) (Closed caption) 2:00, 3:15, 5:15, 6:30, 8:30, 9:45
- Sinister 2 (R) (Closed caption) 1:00, 3:20, 5:40, 8:00, 10:30
- American Ultra (R) (Closed caption) 2:20, 4:40, 7:10, 9:30

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2828 North Clark St., Chicago

(773) 509-4949

- Best of Enemies (R) 1:55, 4:15, 9:25
- The Diary of a Teenage Girl (R) (Closed caption) 1:45, 4:30, 7:20, 9:45
- Kahili Gibran's The Prophet (PG) 2:00
- Mr. Holmes (PG) (Closed caption) 1:35, 4:00, 6:45
- Irrational Man (R) (Closed caption) 9:15
- The End of the Tour (R) (Closed caption) 2:15, 4:50, 7:30, 10:10
- Amy (R) (Closed caption) 4:20, 7:10, 10:00
- Mistress America (R) (Closed caption) 1:30, 2:30, 4:05, 5:15, 7:00, 8:00, 9:30, 10:15

CITY NORTH 14 (REGAL)

2600 N. Western Ave.

- The Man From U.N.C.L.E.: The IMAX Experience (PG-13) ★ (Closed caption) 1:05, 10:25
- No Escape (R) (Closed caption) 7:00, 9:50
- Hitman: Agent 47 (R) (Closed caption) 1:00, 1:40, 4:20, 8:35, 10:50
- American Ultra (R) (Closed caption) 11:30, 2:10, 4:50, 7:30, 10:10
- Sinister 2 (R) (Closed caption) 1:00, 1:30, 3:15, 4:15, 6:05, 7:45, 11:05
- The Man From U.N.C.L.E. (PG-13) (Closed caption) 12:35, 3:35, 7:05, 9:55
- Straight Outta Compton (R) ★ (Closed caption) 12:40, 4:10, 7:40, 11:00
- Straight Outta Compton (R) ★ (Closed caption) 12:00, 3:30, 7:00, 10:20
- Fantastic Four (PG-13) (Closed caption) 6:55, 10:00
- The Gift (R) (Closed caption) 11:10, 2:00, 5:00, 7:00, 10:45
- American Ultra (R) (Closed caption) 11:55, 2:25, 4:55, 7:15, 9:45
- Hitman: Agent 47 (R) (Closed caption) 11:50, 2:20, 4:50, 7:20, 9:50
- Straight Outta Compton (R) (Closed caption) 10:30, 11:30, 12:20, 1:30, 3:00, 4:00, 5:00, 5:45, 6:30, 7:20, 8:30, 9:15, 10:40
- Straight Outta Compton (R) (Closed caption) 10:00
- Sinister 2 (R) (Closed caption) 11:30, 12:45, 2:00, 3:15, 4:30, 5:45, 7:00, 8:15, 9:30
- Southpaw (R) (Closed caption) 10:45, 1:45, 4:45
- The Gift (R) (Closed caption) 11:40, 2:25, 5:10, 7:55, 10:40
- Mad Max: Fury Road (R) 7:20, 9:50
- Mission: Impossible Rogue Nation (PG-13) 12:00, 2:30, 5:00, 7:30, 10:00
- Trainwreck (R) (Closed caption) 7:25, 10:30
- Minions (PG) (Closed caption) 11:15, 1:45, 4:15
- Jurassic World (PG-13) (Closed caption) 12:45, 3:45, 6:45, 9:45

DAVIS THEATRE (VALUE)

4614 N. Lincoln Ave., Chicago

(773) 784-0893

- Hitman: Agent 47 (R) 4:45, 7:30
- Mission: Impossible Rogue Nation (PG-13) 4:00, 7:00, 10:00
- The Man From U.N.C.L.E. (PG-13) ★ 5:10, 7:40, 10:10
- Trainwreck (R) ★ 4:50, 7:30, 10:10

GENE SISKEL FILM CENTER

164 East State

(312) 846-2800

- People, Places, Things (R) 6:00
- Ten Thousand Saints (R) 7:45
- In the Game (NR) 6:00
- Shorts Program: Women of Color (NR) 8:15

FORD CITY 14 (AMC)

S. Cicero at 76th., Chicago

888-AMC-4FUN

Show times change daily

- Minions (PG) (Closed caption) 1:00
- Minions 3D (PG) (Closed caption) 10:55, 3:25
- Ant-Man (PG-13) (Closed caption) 10:40, 1:25, 4:10, 7:45, 10:45
- Fantastic Four (PG-13) (Closed caption) 11:05, 1:40, 4:15, 6:50, 9:25
- Mission: Impossible Rogue Nation (PG-13) (Closed caption) 12:05, 3:10, 6:15, 9:20
- The Man From U.N.C.L.E. (PG-13) (Closed caption) 10:30, 1:10, 4:00, 6:50, 9:40
- No Escape (R) (Closed caption) 7:00, 9:30
- Hitman: Agent 47 (R) (Closed caption) 11:50, 2:20, 4:50, 7:20, 9:50
- Straight Outta Compton (R) (Closed caption) 10:30, 11:30, 12:20, 1:30, 3:00, 4:00, 5:00, 5:45, 6:30, 7:20, 8:30, 9:15, 10:40
- Straight Outta Compton (R) (Closed caption) 10:00
- Sinister 2 (R) (Closed caption) 11:00, 12:30, 1:30, 3:00, 4:15, 5:30, 6:45, 8:00, 9:20, 10:45
- Southpaw (R) (Closed caption) 6:45, 9:00
- The Gift (R) (Closed caption) 10:45, 1:50, 4:30, 7:30, 10:15
- AMC Independent The End of the Tour (R) 8:15
- AMC Independent The Diary of a Teenage Girl (R) (Closed caption) 11:45, 2:30, 5:15, 8:00, 10:40
- AMC Independent Shaun the Sheep Movie (PG) (Closed caption) 12:00, 2:15, 4:30, 6:45, 8:45, 9:45, 10:45
- AMC Independent Shaun the Sheep Movie (PG) (Closed caption) 12:00, 2:15, 4:30, 6:45, 8:45, 9:45, 10:45
- AMC Independent The End of the Tour (R) 8:15
- AMC Independent Sinister 2 (R) (Closed caption) 11:00, 12:30, 1:30, 3:00, 4:15, 5:30, 6:45, 8:00, 9:20, 10:45
- AMC Independent Southpaw (R) (Closed caption) 6:45, 9:00
- AMC Independent The Gift (R) (Closed caption) 12:30, 2:20, 4:20, 6:15, 8:15, 10:15
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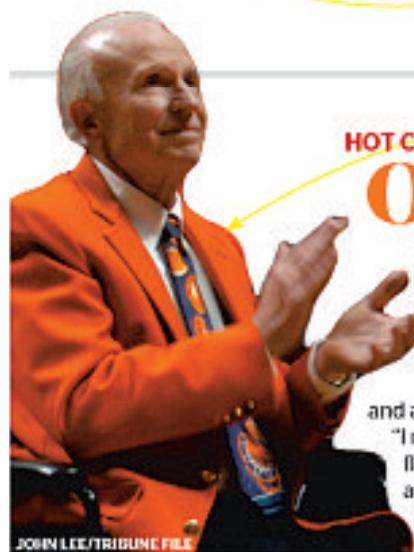
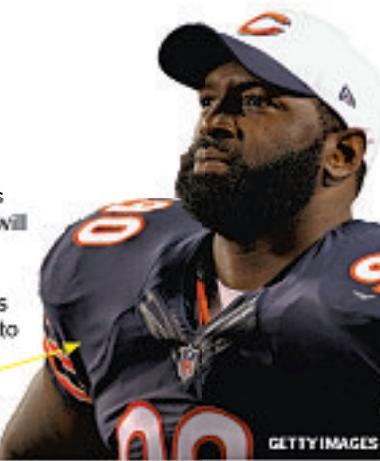
FROM NEWS SERVICES

studs&duds

THE DIGIT

3 GAMES

The NFL on Monday suspended Bears defensive lineman **Jeremiah Ratliff** for three games for violating the league's substance abuse policy. The first regular-season game he will be eligible to play is Oct. 4 against Oakland. "It's tough to sit out any game for any reason," the four-time Pro Bowler said after Monday's practice. "Of course, a situation like this doesn't make it any easier. But I'm going to do what I have to do, and I'll come back Week 4 and be ready to play."

**HOT COLOR
ORANGE**

Former Illinois men's basketball coach **Lou Henson** wore his traditional bright orange jacket as the university announced Monday the naming of the State Farm Center court in his honor. "Lou Henson Court" will have his signature on the floor of the State Farm Center along with a picture of an orange blazer and a pair of wings to represent his 1989 Flyin' Illini team. "I never imagined my name might someday appear on the floor of this renowned building," he said at the ceremony at Memorial Stadium.

JOHN LEE/TRIBUNE FILE

THE MOUTHWATCH

"My numbers are good as some in the Hall of Fame, but from what they tell me, DH isn't a position. They don't respect the DH slot at all. You have to ask the writers because it is definitely part of the game—the AL anyway. The position that I played is not respected throughout baseball."

—Former White Sox slugger and current assistant coach **Harold Baines**, to Comcast SportsNet Chicago, on being snubbed by Hall of Fame voters. The full interview airs at 8 p.m. Wednesday on CSN.



PHIL VELASQUEZ/TRIBUNE FILE

STOP. WATCH.

Tuesday's must-see event in sports

BASEBALL

Cubs at San Francisco | 9:15 p.m. WGN

You might want to take a nap after work, Cubs fans, if you plan to stay up for this one. And repeat that pattern for the rest of this week. But maybe starting pitcher Jake Arrieta can make easy work of the Giants hitters.

ALSO ON TAP

• White Sox vs. Boston, 7:10 p.m. CSN



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Taco Tuesday 2 for \$5
\$6 Brat & Beer
\$4 Corona bottles \$5 Margaritas
Happy Hour: Monday-Friday 5-7pm \$3 Well
\$4 Call \$5 Premium

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(773)325-9111

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music



★★★ **'NATHANIEL RATELIFF AND THE NIGHT SWEATS'**

Folk singers can have soul

SOUND BOARD

Josh Terry

» jerry@redeyechicago.com
» [@joshherry](https://www.twitter.com/@joshherry)

If there's an artist who deserves a breakout, it's Denver's Nathaniel Rateliff. The workhorse songwriter with a room-filling baritone is responsible for some of the decade's most

criminally underrated folk. This is especially true of 2010's masterful "In Memory of Loss." While Rateliff's earlier work was great, it barely made a splash outside a small, fervent fan base.

Now, Rateliff has ditched the heartbroken bard to be frontman of a toe-tapping soul band in the Night Sweats. With a collection of songs as good as its self-titled debut, which came out Friday, his long-awaited moment for commercial success has finally arrived. "Nathaniel Rateliff and the Night Sweats" is the kind of album that should appeal to mostly everyone. It's got timeless, horn-laden soul numbers and rootsy slow jams—all anchored by Rateliff's commanding croon—that are accessible on their own but amazingly irresistible when played this well.

The album's first half is a party. Opener "I Need Never Get Old," which boasts cascading

guitars and cathartic horns, instantly makes clear that this is the most fun Rateliff has had his entire career. The way New Orleans-style keys carry "I've Been Failing" and gospel call-and-response vocals enhance the booze-ridden anthem "S.O.B." shows Rateliff can make falling off the wagon sound like an invigorating dance party.

The only moment where Rateliff's folk persona appears is during "Wasting Time."

An acoustic-led number boasting pedal steels and a slow jam, it sets a trudging pace for the record's back half, whose songs, such as the sultry "Shake" and closer "Mellow Out," make for an often-slow second act compared with the first's rollicking charm. Still, all the songs are worth while; "Nathaniel Rateliff and the Night Sweats" suffers more from pacing issues than quality—a trade I'd make every time.

Even if the album doesn't attempt to reinvent any wheels, it demonstrates, along with the band's revelatory performance of "S.O.B." on "The Tonight Show," that a lot of talent and showmanship can resonate. These songs have enough fiery spirit to prove some American music traditions don't need change—and that folk singers can do it just as well as anyone.

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\$14,250^B or \$106/mo^B

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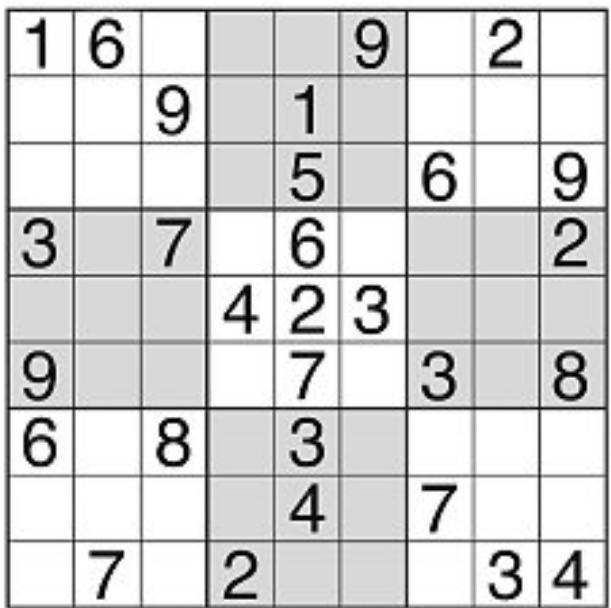
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puzzles

3	8	7	5	4	9	1	2	6
9	5	4	2	1	6	3	8	7
6	1	2	3	7	8	9	5	4
7	4	6	1	3	5	2	9	8
5	2	8	9	6	4	7	1	3
1	3	9	8	2	7	6	4	5
8	9	3	6	5	2	4	7	1
4	6	5	7	9	1	8	3	2
2	7	1	4	8	3	5	6	9

MONDAY'S SOLUTIONS

H	A	M	S		T	H	I	R	D		E	L	M	S
O	D	O	R		R	O	D	E	O		L	E	A	P
R	A	T	S		I	N	A	D	E	Q	U	A	T	E
A	M	I	U	K	E	S		A	D	D	E	D	E	
	V	A	S	E	S		A	T	E					
H	O	A	X	E	S		E	V	A	D				
A	F	T	E	R	O	G	E	R	C	I	D			
I	I	T	S	S	O	N	G	S	N	O	V			
R	H	O	F	I	A	T	S	T	U	N	E			
E	N	S	I	G	N		D	O	N	O	R			
K	E	N	P	R	I	S		M						
A	B	D	U	L	J	O	E	L	I	D	O			
B	O	U	N	D	A	R	I	E	S	S	C	A	N	
L	I	C	K	S	A	L	T	S	P	A	N	T		
E	L	K	S	A	N	T	S	Y	A	L	S	O		

DIFFICULTY RATING: ★★☆☆☆

TODAY IN THE YEAR ...

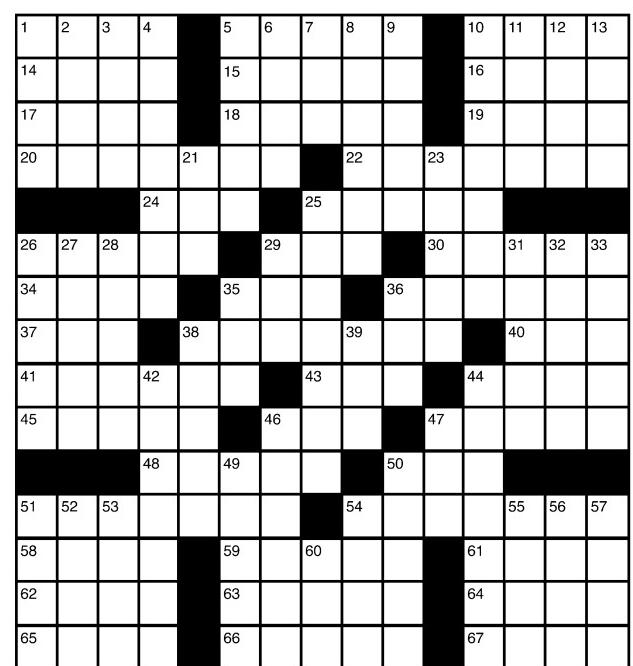
- 1916:** The National Park Service was established within the Department of Interior.
1921: The United States and Germany signed a peace treaty in Berlin.
1931: Television personality Regis Philbin was born in New York.
1954: Singer-songwriter Elvis Costello was born Declan Patrick McManus in London.
2001: Singer Aaliyah was killed with eight others in a plane crash in the Bahamas; she was 22.
2012: Neil Armstrong, who was the first man to walk on the moon and who spoke the well-known words, "That's one small step for man, one giant leap for mankind," died; he was 82.

ACROSS

- 1 Singer Perry
 5 Synagogue leader
 10 Stumble
 14 Zealous
 15 Once more
 16 Healthy
 17 Repair
 18 Royal
 19 USC's crosstown rival
 20 William & Harry
 22 Depression
 24 In one _ and out the other
 25 Sutured
 26 Feeling of uneasiness
 29 Prof.'s degree, often
 30 Miami _ Fl.
 34 Sunbathes
 35 Palmer's peg
 36 Tortoise, e.g.
 37 "What'll _"; Irving Berlin hit
 38 JC Penney publication
 40 Motorists' assn.
 41 Flexible; agile
 43 Deteriorate
 44 Undergarment
 45 Cornered
 46 Culpa
 47 Tropical trees
 48 Dinner course
 50 Poke
 51 _ at; viewed
 54 Contemptuously
 55 Cool desserts
 58 Out of _; behaving badly
 59 Obscure
 61 Cramp
 62 Current letters
 63 Board; nail file
 64 You, biblically
 65 Fit together, as gear
 66 Wheels
 67 Rocky ridges
 68 Sound the horn

DOWN

- 1 Boot _; basic training
 2 Finished; done
 3 Skirt
 4 Peculiarity
 5 Less common
 6 Ripens
 7

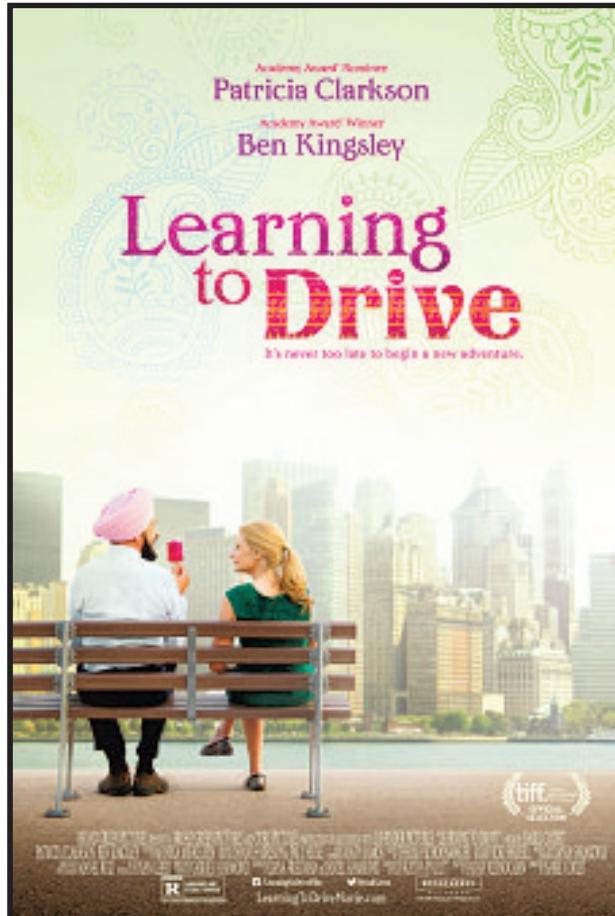


- 8 Unfair; slanted
 9 Relative by marriage
 10 Lightning's follower
 11 Indy 500, e.g.
 12 Misfortunes
 13 Pod veggies
 21 Tabby or tiger
 23 Eliminate insects
 25 Trimmed sheep
 26 Lopsided
 27 Lowest point
 28 Grocery sack
- 29 Teacher's favorite
 31 Say nothing _; keep silent
 32 Take as the rightful owner
 33 Stacks
 35 Paving goo
 36 Tricycle rider
 38 Fragrant wood
 39 Mauna _
 42 Implore
 44 Day of rest
- 46 Señora in Paris
 47 for the course; normal
 49 Crowbar
 50 Tiny kangaroos
 51 Close noisily
 52 Friendly
 53 Finishes
 54 Ride the waves
 55 Canyon sound
 56 At that time
 57 Look for
 60 " _ whiz!"

Academy Award Nominee
Patricia Clarkson
Academy Award Winner
Ben Kingsley

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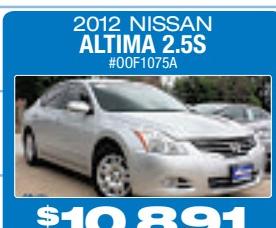
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red hot

Missy Elliott
AP



Star-studded debut week

"The Late Show with Stephen Colbert" has announced its premiere week guest lineup, and it's a doozy. George Clooney and Jeb Bush will kick off the show on Sept. 8. Scarlett Johansson, Kendrick Lamar and Amy Schumer are also among the guests scheduled to appear that week, according to [thr.com](#).



Bryan Cranston
AP

THE QUOTE

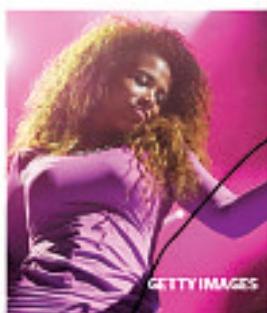
"This is what happened in my family and it stops with me."

—Bryan Cranston, during an episode of TLC's "Who Do You Think You Are?" The "Breaking Bad" star said he wanted to know if there was a familial trait that might explain why his father left his family, according to the Chicago Tribune. During his search for information, which took him to Chicago, Springfield, Montreal and Dayton, Ohio, Cranston learned that some of his male ancestors chose not to be part of their children's lives, according to the Tribune.

THE DIGIT

\$3.78B

That's how much money Universal Pictures International has made at the international box office this year, according to [variety.com](#). With four months left in the year, the studio topped the previous record of \$3.73 billion set by 20th Century Fox. Universal also recently passed \$2 billion in domestic earnings for the year so far.



GETTY IMAGES

Kelis expecting her second child

Multiple sources confirmed to E! News that Kelis is pregnant with her second child. Speculation hit the Internet on Sunday morning after she performed at the Afropunk Festival in Brooklyn, according to [eonline.com](#). Kelis has a son, Knight, with her ex-husband, Nas.



Tracy Morgan and Megan Wollover
AP

The Morgans!

Tracy Morgan has tied the knot. The 46-year-old actor-comedian wed Megan Wollover, his fiancee of four years, on Sunday, according to the LA Times. The couple's 2-year-old daughter was in attendance. The wedding comes more than a year after a crash that left Morgan seriously injured. He is set to host "Saturday Night Live" on Oct. 17.

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